

The American Legion

1919



2020

Monday, March 2nd

Thursday, March 5th

Monday, March 9th

Tuesday, March 10th

Saturday, March 14th

Monday, March 16th

Saturday, April 4th

Executive Committee Meeting

County Meeting at Port Post

Post General Meeting

BINGO

SAL meeting

Legion Birthday Dinner

(aka, St. Pats Day)

Everyone is Welcome!

Military Historians

Post's Card Club

Open Mic and Jam Session

Several of our Post members play instruments. Play, sing or just tell some jokes, come and join in the all fun!



THANK YOU ALL VERY MUCH

Special thanks goes out to all those who helped make this years Las Vegas Night another huge success.

To those behind the scenes who help with the sorting of money into envelopes, to stapling tickets together for raffles, to collecting raffle prizes Thank you.

To those who help with selling tickets for the hourly raffle, doing the calling of raffle ticket numbers, working silent auction, and to those dealing cards or working the various gaming tables Thank you.

The evening would not have been this successful without your help.

Special thanks to the Ladies Auxiliary and the SALS for all their help that evening.

Winners in the cash sweepstakes were:

\$500 Steve Lamaster
\$200 Gary Helm
\$100 Joe Salamone,
\$100 Ken Klein
\$100 Lawrence Repinski
\$50 Grace Eernisse
\$50 Sue Matthaesus
\$50 Marlene Donahue
\$50 Lea Wendtlandt.

The 50/50 winner was Chris Wegner

High roller winner award went to Mike Bublitz

Congratulations to all of our winners.

Thank you to Butch Paegelow, who once again provided excellent leadership.

Membership: Gary Gilstrap reported membership at 273, and 25 more are needed to achieve 100%.

Sergeant-at-Arms: Mike Knoppa said taps following the meeting would be for Post member Ron Yokes.

Children & Youth: Doug Arendt reported that the girls volleyball at JLMS, which by the way Doug coaches, is rocking it.

Athletic: 2nd District Bowling Tournament has been cancelled. The State Bowling Tournament is held in March and if interested see Kevin.

Hall Report: Al Richards reported January Hall business continued to be good.

St. Pat's Day dinner will be on Saturday, March 14th. The Post's public safety winners will be honored as well as the Post's Legionnaire of the Year. Our traditional dinner of Corn beef and Cabbage, plus Chicken will be served.



New Business: Commander Kevin Dressel has indicated he will not run for Commander in the upcoming election.

Good of the Legion: The Military Historians featured speaker will be a Vietnam Veteran from Mequon, Pete Olsen.

Camp American Legion has a scheduled opening for the weeks of May 4th and 11th. Construction of the new cabin 22 is still progressing and hopefully will be open this spring.

See Marty for Post shirts and stuff.

Post's Monthly Calendar Raffle Winners:

\$50 – Joe Salamone
\$30 – Deb Lenz
\$25 – Ken Nawrocki
\$20 – Bob Hubacek
\$15 – Richard Paulus
\$10 – Tom Grabow

Prayers for Ed Polgar, who continues to recover from a broken ankle and for Al Richards who is dealing with medical issues.

Thank you to Mark and Joe Eernisse along with Bill Clayton for assistance on several projects.

The Badger Boys State interviews are complete and 4 Grafton High School Juniors have been chosen to attend. The \$250 sponsorship for our boys comes from our Post (2), the VFW (1), and the Lions Club(1).

BBS is a week-long journey through a great many things that make us who we are; leaders, friends, students, athletes, and most of all citizens of our respective cities, towns, and our great state. The journey can be described as the most challenging and most rewarding (and fun) experience by those who have already participated in the program.

This program is designed to teach boys that the American form of government is stronger and more vital in today's world of struggle than ever before. It teaches that the American people have no more precious possession than that great document, the Constitution, which at once safeguards and transmits to posterity those principles of the great American heritage -- justice, freedom and democracy under God. Approximately 900 boys from every part of Wisconsin will come to Badger Boys State this year.

Upon arrival at the Ripon College campus, boys will be grouped into cities and counties, which will form a "51st state." For eight days the citizens of the "new state" will carry out all the main functions of city, county, and state government using basic laws and fundamental procedures of the State of Wisconsin as their guide. The boys themselves will elect their own municipal, county and state officials.

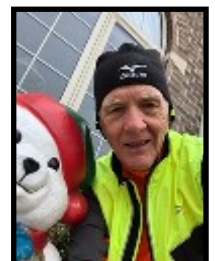
As alderman or county supervisors they will frame, present and pass their own ordinances and laws; their own police and sheriffs will enforce them. As attorneys they will prosecute or defend, or as judges, hear cases in their own courts. Through this program, these leaders of the future should develop a sense of individual obligation to the community, state and nation..

Newsletter distribution. I'm still hopeful that more members will send me their email address to defray cost of USPS mail. Send to kkasprzak1@icloud.com.

Commander Kevin Dressel has informed members that he will not seek a 2nd term. Since I really enjoyed being Commander, I would accept a nomination for 2020-21 if no one comes forward.

Living Well—Weight Loss That Works. Maintaining a healthy weight is a struggle for many Americans and obesity rates keep rising. Being obese creates an increased risk for heart disease, stroke, type 2 diabetes, and forms of cancer. For a healthy life we need to tackle weight gain. Diet is important for weight loss along with changes in daily activities. Experts suggest plant-based foods (beans, legumes, nuts, seeds, soy) that are rich in fiber and low in fats. Also avoid sugar sweetened beverages. Let's not forget the importance of physical activity as an essential part of weight loss. Finally, engross yourself in a hobby or walk with a friend as ideas for emotional support. Losing weight is not easy, but the health benefits are worth the effort.

Winter is not over so I'm still enjoying outdoor running. My only problem is age as my back and legs get stiffer so pace has decreased dramatically. However, I will continue use exercise as a way to reduce stress and be happy.





March SAL News

Membership: SAL Membership has 81 members after a few notified Paul they would not renew. Four members still need to have their phone number registered. Anyone who has not paid their dues and wish to continue, please contact Paul Turowski at 262-389-4645 to arrange payment. SAL members who are not getting the newsletter via email, please contact Craig Butler via email at cabutler2@yahoo.com.

SAL Clothing: Contact Brian Hadler @ 262-894-7465 with sizes for ordering shirts, caps, jackets, etc.

Camp American Legion: Construction of the new cabin 22 is still progressing on schedule.

Bowling Fundraiser: The Bowling Fundraiser was a fun time at Circle B with 53 bowlers and numerous prizes available for them and their guests. We plan to look at trying to increase the number of participants next year.

Sweat4Vets Walk: Has been scheduled to occur on May 16, 2020. This year's fundraiser walk will benefit the American Legion Auxiliary Homeless Women Veterans' Grant Program. The walk will start at the Cedarburg Post and end at Grafton with lunch served to the participants. Help will be needed as participants and for preparing and cleanup of food and beverages. To signup as a participant, go online here: <http://sweat4vetswi.com/>

100yr Legion Family Dinner: A combined outdoor celebration dinner of the 100 year American Legion and the 100 year Auxiliary anniversaries is being planned for the community to occur on August 8, 2020. Volunteer signup for committees is underway. Contact Corey if you want to find out how you can help.

American Legion Elf Dog: To be discussed at our next meeting to determine possible funding to help aid in distribution. Formally called the GI Josh Dog created by Sons of The American Legion's Detachment of Arizona, the American Legion Elf dog is a means of providing a stuffed animal wearing a camouflage bandana, meant to comfort the child of a deployed service member.

SAL Volunteer Activities and Upcoming Events -

101st American Legion Anniversary Dinner: Saturday March 14th.

Sweat4Vets Walk: Saturday May 16, 2020

2020 SAL Golf Outing: Saturday May 23

100yr American Legion Anniversary Family Dinner: August 8, 2020.

Post Meeting Dinner SAL Prep Volunteers:

Dinners begin at 7:45pm

March – None Required

April - Jimmy

Next SAL Meeting: 3/10 @ 6:30pm



American Legion Auxiliary
Rose-Harms Unit 355
Newsletter for March 2020

How many of you are aware that during the July 2019 Legion Convention, two very important changes were made in regard to membership eligibility? Basically service date eligibility to join the Legion has been expanded, and SPOUSES (no longer limited to WIVES) of Veterans are now eligible to join the Auxiliary. Membership applications are being revised, but if you know of anyone now eligible to join, or for any questions, contact your respective Membership Chair as listed below:

American Legion Auxiliary Lora Linder 262-389-5339

Sons of the American Legion Paul Turowski 262-389-4645

American Legion Gary Gilstrap 414-640-5156

Speaking of membership, ours is presently at 98%! Grafton is in 2nd place in the County, Ozaukee County is in 3rd place in the District, and District 2 is in FIRST PLACE IN THE STATE! If you're one of the 32 people who haven't yet renewed for 2020, please do so as soon as possible. We've learned from National that "Any member that has not paid their 2020 dues by January 31, 2020 will become expired and lose all Auxiliary benefits and privileges of membership including any officer or chairmen positions currently held until their dues are received by Dept. HQ/National. Once processed, a member will be reinstated with no adverse effect." That being said, our Unit has extended that deadline to April 15th. After that time your name will be removed from the roster and newsletter list. (If you didn't pay your 2019 dues, you've already been removed.) In that event, if you want to keep up your CONTINUOUS membership, pay your dues for 2019 (and 2020 if not yet paid), and you will be reinstated. If not paid for 2019, but you want to just pay for 2020, do that and your membership will begin again at year 1. For any questions, please contact our Unit Membership Chair, Lora Linder.

As is our tradition, our March meeting will be on Monday March 9th. In honor of the LEGION BIRTHDAY, we invite all Legionnaires, SONS, and Auxiliary members to join us for a potluck supper that evening. **Food will be served at 5:30**, followed by the **Legion and Auxiliary monthly meetings at 7**. Auxiliary Members, if you wish to bring a dish to share (hot dish, salad, or dessert), please contact event chairman Mary Arvai (262-685-7757) or President Sue Turowski (262-389-4644) to let us know what you plan to bring. This is always a fun evening, so please plan to attend.

Badger Girls State Chairman Mel Nowak announced at our March meeting that our Delegates this year will be Sara Bloemer, Elaine Proefrock, and Taylor Wenten; our Alternate will be Lily Bauer. Congratulations Sara, Elaine, Taylor and Lily! Badger Girls State will be held the week of June 21-26 at the U of WI in Oshkosh. A **special thank-you** goes out to Cornerstone Community Bank, the Exacto Foundation, Inc., and the Grafton Lions Club for aiding us in sponsoring these young ladies.

VA & R Chairman Mel Nowak read a report on the service to Women Veterans at Boudicca House in 2019. She also touched briefly on a new program they've started called TIP (Transition in Place). Once a woman has completed her goal of staying clean and sober, increased her income or skills, she is finally able to move into her own home. Boudicca House would like to be able to present the Veteran with starter kits, consisting of household items. Watch for more information in the next newsletter on how we can help with this exciting new program. Keep in mind the Ozaukee **County** Spring meeting will be held on **Wednesday April 15th** at the Port Washington Legion Post (basket raffles will be available). Social time begins at 5:30, the meal at 6:00, followed by the business meeting at 7:00.

The **2nd District Spring Conference** will be held in conjunction with the Legion on **Saturday April 25th** at Country Inn & Suites in Port Washington. Registration begins at 8; the Auxiliary conference begins at 9. We'll be joining the Legion for lunch catered by Prime Minister and a cash bar will be available. A joint Memorial Service will be held after lunch. Sweepstakes tickets for Cash prizes are still available through our Unit. Deadlines for sign up will be announced in the April newsletter or at the March 9th meeting. Please make plans to attend these informative (and fun) events.

Las Vegas Event Chair Mary Molaski thanks the 10 members who helped with selling food, waitressing, or tending bar at the recent Las Vegas night. Added thanks go to those who purchased food, helping our fundraising efforts.

President Sue has named Toni Moegenburg and Pam Klenner as the 2020 Nominating Committee. If you're thinking of running for an office this year, these are the people to contact. Election of Officers will be held at the May 19th Unit meeting. All offices are for a one-yr term, with the exception this year of President, which was a 2-yr term. Watch for more information in upcoming newsletters.

This year's order dates for the Marcus fundraiser are March 25, June 24, Sept 23, Nov 25, and Dec 9. Movie tickets, gift cards and certificates are available. The ticket prices are quite a savings over the box office price. Or if you attend the movies on "special price" days, gift cards or certificates can be used. Our Unit receives a % of all orders placed, so please support us in this fundraiser. Our thanks go out to Laurie Schwalbe for singlehandedly taking care this event. Please see the attached flyer.

The team of Judy Kuta, Amy Luft, and Linda Faas presented revised Constitution, Bylaws, and Standing Rules at the February meeting. According to procedure, the Standing Rules were able to be approved that evening. Copies of the Constitution and Bylaws will be emailed and then considered for approval at the March meeting. If you didn't receive a copy but would like one, please email Sue (sueturowski@hotmail.com) and one will be sent.

SWEAT4VETS Post to Post Walk will be held on **Saturday May 16th**, starting at the Cedarburg Post and ending at the Grafton Post. Go to sweat4vetzwi.com or see the attached flyer. Proceeds this year will benefit the Homeless Women Veterans Grant Fund and other Veteran initiatives.

WE NEED YOUR HELP:

The Rose Harms American Legion Family 100th Birthday Celebration team is still looking for help with all the different committees for our celebration **on Saturday August 8th** in Veterans Park. Sign-up sheets were passed at the last Auxiliary meeting and will be at the next Legion and SONS meetings. We need the help of the entire Legion Family so PLEASE call Commander Kevin – 262-327-2202, President Sue – 262-389-4644, Commander Corey – 414-380-8834.

Chaplain Linda Brown still needs 48 prayers, songs, or poems, for the book she's putting together for Department. As it is our 100th Anniversary, she's looking to reach 100. There's no limit on the number you can submit. If the problem is delivering them to her, feel free to email them to either Sue Turowski (sueturowski@hotmail.com) or Linda Faas (lindaFaas97@gamil.com) and we'll print and deliver them to Linda by the new deadline of March 9th. See details in the attached flyer. Please contact Linda Brown (262-268-8296) with any questions.

The State Bowling Tournament, which our Unit is sponsoring this year, is almost upon us. The tournament will be held the weekends **of March 28/29 and April 4/5**. Help is still needed to sell tickets for both the 50/50 and basket raffles. More baskets are needed for the raffle so if you have items you'd like to donate, or an entire basket, (or cash), please contact a committee member: Toni Moegenburg (414-750-3426), Pam Klenner (262-75-0085), or Mary Arvai (262-685-7757). All raffle profits go to our Unit. See the attached flyer for basket details.

VA & R Chairman Mel Nowak wants everyone to know how your efforts in everything you do for our Veterans are really appreciated, and she asked that we include the following thank-you's in the newsletter:

From Hospice 9 CN Restorative Aide, Latrese, --- (Zablocki) Palative Care Unit (known as 'Heroes Corner')

"Re: flag key chains donation - anyone that takes time to help others on their own free will are a true blessing."

"Re dry erase boards & table top mirrors - (Trach care) (20 of each)

"These two presents have boosted the confidence of many of our veterans as well assisted with the communication and independence of many veterans----they help veterans & nursing staff to be able to communicate with each other instead of staff trying to guess what the veteran wants or needs - they help them take care of their grooming needs bedside.-- heartfelt thank you."

Halloween Treats & Art Supplies - Dom 123 @ Zablocki

"This generous donation will help fill our veteran's free time with constructive ways to express themselves through crafts while enjoying the treats you provided. Your generosity is most appreciated by the veteran in treatment temporarily staying at the Dom. Without your support, we could not provide for the smaller niceties that make hospitalization more bearable. The commitment you have shown to our patients demonstrates your concern for America's heroes, as well as the service our veterans have given to our country. Thank you for your continued support."

CHRISTMAS WITH THE VETS - 12/14/19 - Jeff Dentice - Coordinator

(This celebration is for the veterans who are not able to go home for the holidays)

"Thank you to everyone who stepped up to make it a truly wonderful success. Trinity Irish Dancers (their 21st year performing) - did two shows on 3rd floor-ambulatory patients) & 9th floor, bedridden patients. Both shows taking place were filled to capacity. Besides games and door prizes, each vet received a ditty bag full of new socks, gloves, hats, hygiene items, Christmas Stockings, etc and had some fantastic holiday food. Every veteran received a door prize, Christmas cash or canteen books."

As a unit, you brought joy to so many of our deserving Veterans. You have much to be proud of, as I am proud to serve as your V A & R Chair Mel

Please make note of these Upcoming Events:

March 3 (Tuesday): Exec Bd Meeting, downstairs at Post 6:30 pm

March 9 (**Monday**): Legion Birthday Potluck Dinner/Unit Meeting at Post

March 28-29 (Saturday/Sunday) State Bowling Tournament, Circle B Recreation, Cedarburg

April 4-5 (Saturday/Sunday): State Bowling Tournament, Circle B Recreation, Cedarburg

April 7 (Tuesday): Exec Bd Meeting, downstairs at Post 6:30 pm

April 15 (Wednesday): Deadline for submitting 2020 dues (to keep up your Active membership)

April 15 (Wednesday): Spring COUNTY meeting, Port Washington Legion Post, 5:30 pm social, 6 pm dining; 7 pm mtg

April 25 (Saturday): 2nd District Spring Conference, Registration 8 am, Conference 9 am

May 16 (Saturday): Sweat4Vets Walk (Cedarburg to Grafton)

July 11 (Saturday): Zablocki Vets Picnic, Post

July 17-18-19 (Friday thru Sunday): Legion/Auxiliary Convention, Appleton

August 8 (Saturday): 100th Anniversary Celebration (Open to the Community), Veterans Park, Grafton

Poppy Princess's For 2020 will be Ashlyn Paape & Rylee Turowski

Both girls have represented Rose- Harms American Legion last year and did a fabulous job.

They attended many Events, Parades, helped with Poppy Distributions, helped at the VA Picnic and given poppies to the Veterans when returning to Milwaukee on the Stars and Stripes Honor Flights.

We are sure they will do the same for this New Year.

Rylee Turowski is the girl on the left and Ashlyn Paape is the on the right



The American Legion's Birthday

Saturday, March 14th



To Honor Our Communities First Responders
and Our Post's Legionnaire of the Year

Doors Open at 5:30 pm
Dinner at 6:30 pm



Names

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Mail to; Rose Harms Post 355
1540 13th Ave.
Grafton, WI 53024

Only \$16
or Call 262- 377-8887