



Rose Harms Legionnaire

June 2019



OUTSTANDING

Rose Harms Post 355 Honors Grafton's 8th Grade Outstanding Students

Americanism Chairman Bill Clayton

Megan Crass, St Joseph Parish School

Aidan Batiansila, St. Paul Lutheran school

Mason Lempke, John Long Middle School

Kaitlyn Sander, Our Savior Lutheran School

Looking Ahead

Saturday, June 1st	Golf Outing at Fire Ridge by SAL
Monday, June 3rd	Post Executive Committee meeting
Monday, June 10th	Post General meeting
Tuesday, June 11th	Sons of the American Legion Meeting
Monday, June 17th	Post's Card Party—everyone welcome
Wednesday, June 19th	Post members will serve lunch to the Cavalry at Fort McCoy
Saturday, June 22nd	Grafton Bike Races—Post street may be blocked off 6:15pm Para-Cycling, many who are disabled Veterans
Friday, June 28th	Installation of Ozaukee County held at the Grafton Post
Saturday, June 29th	Grafton's Holidaze Fireworks at Limekiln Park
Saturday, July 6th	Zablocki Hospital Veterans Picnic by the Auxiliary
Wednesday, July 24th	Our Annual Post family Chinooks baseball game



COMMANDER'S CORNER—Ken Kasprzak



For members who did not attend our May 13 Post meeting, officer elections were held. Kevin Dressel was elected as our new Post Commander and will take office at our July meeting. Since I want to continue my Legion service, I was fortunate to

be elected as your new Chaplain. Les Williams decided to retire after 15 years. Thank you Les for the care and dedication that you gave to members and families who needed your support. Of course, I will miss my role as Commander and especially working on projects to improve our Post and its role in the Grafton community. Finally, congratulations to all of our new Post officers as chosen by our membership:

Achieving Blood Pressure Control

What exactly is blood pressure? It is the force of your blood pushing against the walls of your arteries. Systolic pressure is when heart beats and diastolic pressure is when heart is at rest.

Hypertension is when blood pressure readings are above 140 systolic and above 90 diastolic. If blood pressure stays high over time your heart works harder. This increases risk of heart disease and stroke. Therefore blood pressure control is paramount to healthy living.

A. Get your systolic in the 120 to 140 range.
B. Get treated if you have high blood pressure. Control blood pressure with life style changes and prescription medications. Lose weight, eat plenty of fruits and vegetables, exercise more, consume less salt, set aside time to relax, and stop smoking. High blood pressure is a silent disease, so buy a home blood pressure cuff and monitor your blood pressure routinely.

WWI PHARMACIST IS HONORED.

Sgt. Fred Stilson died in service to his country. He was 19 when he graduated from Albany

Pharmacy College in New York.

Two years later he enlisted in US Army on June 5, 1917 as a member of the Medical Corps. He was assigned to duty at Fort Ontario Hospital, Oswego, N.Y. and operated the pharmacy dispensary. Because of a pharmacist shortage, he worked alone much of the time in the summer of 1917. He attended to some 1,500 patients suffering from influenza. Fred was tired and sick, but because the other soldiers needed help, he worked on and on, day and night, filling prescriptions. It was noted that five or more patients were dying each day. Like so many others, he contracted influenza in October and was admitted to the pneumonia ward. Fred Stilson died on October 12, 1918 at Fort Ontario. Fred L. Stilson Post 57 of Cobleskill, N.Y. gathered at the cemetery where Sgt. Stilson is laid to rest on the 100th Anniversary of his funeral.

GOOD OF THE LEGION

Celebration of Freedom to be held at the Columbia County Fairgrounds, Portage WI. September 4th--8th. It will feature the Vietnam Traveling Tribute Wall, big name Entertainment, Vendor Fair, Food, and more.

CORRESPONDENCE

On May 11, I joined many veterans on the Stars and Stripes Honor Flight to Washington D.C. What an experience that I shall never forget. From spending the entire day with my daughter as guardian, tour beginning at the Marine Corps Memorial where I finished the 2014 Annual 26.2 mile Marathon, visits to veteran memorials such as Air Force, Korean, Vietnam, WWII, and the Pentagon, mail call on the return flight, hundreds of veterans and community supporters greeting us as we departed the plane at home. Thank you to the Stars and Stripes Board of Directors and volunteers who devote many hours of their time in order to honor Veterans who served our country.

Newsletter Distribution.

If I **don't** have your email address, send it to me: kkasprzak1@icloud.com

Print Date 05/21/19



Congratulations

At the 2nd District's Spring Conference held at the Horicon Post on Saturday, April 27th,

Ron Kuta was honored for all his years of outstanding work as the Oratorical Chairman for 2nd District.



Memorial Day at Veteran's Park



Thank you SAL
You did a great job of lining
the walk with Old Glory !

Come join us at Fire Ridge Golf Course at 4:00 pm to meet State Commander Frank Kostka, our State Adjutant Amber Nikolai and the State SAL Commander.

Grafton's SAL will present Camp American Legion Director, Don Grundy, with a check to help rebuild Cabin 22.

**WE PUT THE
FUN
IN FUNDRAISING**

Highlights from our last Post meeting

Chaplain Les Williams reported that Lois Matthaeus (wife of Bob) has passed away.

17 Veterans who are homebound will receive cards from Auxiliary.

Les has decided to resign as Chaplain after 15 years of outstanding dedication.

Membership - Post has accepted new member, Christopher Wendorf, US Navy.

Athletic---Legion State Golf Scramble will be on, September 14, at Marshfield. Anyone interested in going, please contact Al Richards.

Public Safety----Our Post's Firefighter and EMT of the Year were also selected to receive the County Awards on June 28 at our Post.

Camp American Legion---Opening is scheduled for May 22nd.

Unfinished Business

- The new Post Sign installation by SAL will be in the beginning of June.
- Walter Wegner family donated \$250 towards the new Post Sign.
- Volunteers needed for the Holidaze Event on June 29. Contact our Post Commander if interested.

Executive Committee Recommendation of \$300 for sponsorship Auxiliary Wine Tasting advertising was approved.

New Business---

1. Flag Day Celebration June 9, 11am Waubeka, VFW Post 7037;
2. Celebration of Freedom Portage WI. September 4th--8th;
3. Wisconsin's Annual State Convention will be held in Middleton on July 17-21

Good of the Legion---

1. Les Williams donated a book to Post museum about 32nd Division, WWII.
2. Ron Kuta gave information on restricted firearm usage at cemeteries because of some city ordinances.

3. Thank you to the "Crew" who recently cleaned all upstairs windows.

4. Jim Niswonger received 50 year VFW membership service award.

5. Ken Kasprzak gave a summary of his Honor Flight attendance on May 11.

6. Ozaukee County Memorial Wreath Ceremony on May 24 at 5pm to honor fallen comrades.

7. Tents---Job info posted lower level for anyone wanting to join crew.

Election of Post Officers presided over by Steve Shock with the following results:

Commander---Kevin Dressel.

1st Vice---Gary Gilstrap.

Chaplain---Ken Kasprzak.

2nd Vice---Sandra Krzewinski.

Finance---Ralph Beck.

Historian---Al Richards.

Sgt@Arms---Mike Knoppa & Nick Schanen.

Adjutant---Lee Wiskirchen.

Service Officer---Ken Klein.

3yr Committee Person---Mike Knoppa

Post Monthly Calendar Raffle

\$50-Frank Haupt

\$30-Greg Holcomb

\$25-Lynne Klimek

\$20-Linda Revelle

\$15-Bill Clayton

\$10-Pat Deuster;

**Don't Forget to send in your new
monthly Calendar Raffle Tickets**

Sons of the American Legion News – June 2019



SAL membership was reduced by three due to transfers of Tim Hansen, Mark Gebler and Jeff Schwitz who started a new SAL squad in West Bend. Our current total membership is 84 with only 73 paid dues. Please contact Paul Turowski @ 262-389-4645 if you have not paid your renewal.

Activities:

SAL's American Flag Memorial Day display will be setup at Veteran's Park on Thursday, May 23rd at 4pm. Anyone who can help please arrive at the park then.

Memorial Day Parade and Ceremony: Help is needed prior to the ceremony at Veterans Park. This includes setting up tables, chairs and speakers. Arrive at 8 am to help. For parade participation, please arrive at the Post for staging no later than 9:45 am. Parade begins at 10 am and the ceremony will start around 10:30am. Lunch will be available at the Post after the ceremony starting at 11 am. The Ozaukee County Veterans Memorial will have a wreath laying on Friday, May 24 at 5:00pm.

SAL's 9th Annual Golf Outing is June 1st. at Fire Ridge. Players and \$100-hole sponsors are still needed. Volunteers are also needed to help man key positions. Contact Bob or Dick if you can help. If you are unable to play golf or help, you are welcome to come for dinner around 4:00pm. Cost for dinner only is \$25.

SAL's Camp American Legion Cabin 22 Kayak Raffle tickets are still available at Heinz & Sons 57 Auto Body, Grafton Mobile and Grapes and Taste in Cedarburg.

Tickets are \$10 each or 3 for \$20. The Raffle drawing will occur at the SAL Annual Golf Outing June 1st.

The Rose-Harms Legion donated \$6,000 towards the cabin fundraising efforts. Al Richards presented the check to Commander Corey.



Dinner and installation of all County and Post Officers is scheduled for Friday, June 28th at our Post. This includes the Legion, Auxiliary and Sons of the American Legion officers.

Upcoming Events:

Memorial Day Ceremony – Monday, May 27 at 10:30 am at Grafton's Veterans Park.

Sons of the American Legion 10th Annual Golf Outing – June 1 @ Fire Ridge Golf Course, Grafton. Help is needed on Wednesday,

June 19th at Fort McCoy to serve lunch to the Cavalry members who are earning their Spurs and their Families. See Al if you can attend.

SAL Volunteers to serve Legion Members at their Post Meeting Dinner at 7:45pm

June – Dick R.

Sept – Mike

Next SAL Meeting: Tuesday, June 11th starting at 6:30 pm



UNIT MEETING was held May 21, 2019

The Draping of the Charter to honor the passing of
Charter Member Lois Matthaues



Following updates were discussed:

- VA&R Mel Nowak reminded everyone to continue to fill out their Tally Sheets for hours and monies spent during this year so we can submit accurate hours to Department next year.
- 4th Annual Wine Tasting was May 11th with attendance continuing to grow. There were 99 that attended the event not including the volunteers. After expenses \$3600.00 will be donated to Camp American Legion to help fund the rebuilding of the Cabin. The committee would like to thank all of the volunteers, Grapes to Taste, Fire Ridge and all those who sponsored and attended our event. Mark your calendars for Sat. April 18th 2020 for next year's event!
- Poppy Sale – Another successful year. A big thank-you to all that volunteered!!
- Our new Poppy Princesses are: Khiah King, Rylee Turowski, and Ashlyn Paape. Congratulation girls!!
- They each helped distribute Poppies and as always we are so proud of the way the girls represent our American Legion.
- Sweat 4 Vets – Post to Post 2.5 mile walk was a huge success. With 500 plus walkers!! Funds raised will help to pay for a K9 Therapy dog!

We are pleased to announce the newly elected Board!

Srgt Arms	Mary Arvai
Historian	Patty Wollner
Chaplain	Linda Brown
Treasure	Amy Luft
2nd Vice	Lora Linder
1st Vice	Mary Molaski
President	Sue Turowski

Auxiliary Banquet - June 18th - Cocktails 5:30 dinner 6:15 cost \$17.00 Menu Parmesan Chicken with garlic noodles, Broasted Chicken, Steak Sandwich will be held at Bunkers. A reminder if you sign up and need to cancel don't forget! Otherwise you will be responsible to pay for your meal.

Banquet Details included for sign up in Newsletter.

UPCOMING EVENTS:

June Banquet	June 18th
VA Picnic	July 6th
Trees from Home	August 3rd 9-1

Next Meeting: After the August 12th Cookout at the Post

*Join us for our Spring Banquet
on*

*Tuesday, June 18th
The Bunkers Restaurant
At Edgewater Golf Course*



*Cocktails start at 5:30
Dinner at 6:15.*

*Reservations need to be made by June 11th
Contact Ann Fields 262-384-1982 aannfields@yahoo.com or
Jean Rieck 414-217-1002 jeanbean114@gmail.com
\$17.00 includes the meal, tax, and gratuity.*

*You pay that night. If you make a reservation and cannot
make it please call Jean or Ann or
you will be responsible for your bill.*

Menu choices are as follows:

*Parmesan Chicken with Garlic Noodles
Broasted Chicken with Baked or French Fries
Steak Sandwich with Baked or French Fries*

Rose Harms Post Family Night at the Chinooks Baseball Game



Only \$15 a Ticket

Gets you a great
baseball game plus a
FREE Chinooks Hat
Hot Dog, Chips and
a Drink

**IT'S
OFF THE
HOOK!
AFFORDABLE
FAMILY FUN**



Wednesday, July 24th

Mail or drop off your reservations at the
Rose Harms Post 355, 1540 13th Ave., Grafton, WI 53024