Rose Harms Legionnaire May 2019



Memorial Day isn't just about honoring veterans, its honoring those who lost their lives.

Veterans had the good fortune of coming home. For us, that's a reminder of when we come home, we still have a responsibility to serve.

It's a continuation of service that honors our country and the memory of those who fell defending it.



PLAN AHEAD

Thursday, May 2nd

Monday, May 6th

Friday, My 10th

Saturday, May 11th

Monday, May 13th

Tuesday, May 14th

Saturday, May 18th

Monday, May 20th

Monday, May 27th

Saturday, June 1st

Wednesday, July 24th

Ozaukee County meeting in Belgium

Post Executive Committee meeting

Poppy Day

Wine and Spirits Tasting

General Meeting

BINGO

SAL meeting - lower hall

Sweat4Vets

Military Historians

Card Party - lower hall

Memorial Day Ceremonies

SAL Golf Outing at Fire Ridge G.C.

Post Outing at the Chinooks Game

Highlights our our last meeting

Chaplain Les Williams reported that the eight members from the Post, who have passed away this past year, will join the other names from the 2nd District and will be read and remembered at the Spring Conference in Horizon.

Membership: Gary Gilstrap reported the Post's membership at 279 and counting.

New members, Nikolas Johnston and Bruce Peterson, both US Army, were welcomed aboard. Two prospective members, Griffin – USMC and Gary – USN were also present.

Americanism: Bill Clayton reported that notification letters have been sent to the appropriate schools for their outstanding 8th grader of the year award.

Butch Paegelow reported that the final tally for Vegas Night 2019 revealed an \$11 increase in profit over the previous year. The total was \$12,856.

Camp American Legion: Dick Lallensack asked for anyone interested in helping open Camp AL either the week of May 6 or 13 to let him know. Vietnam Veteran's week is June17-24.

Unfinished Business:

The Post's new sign is done and looks great! The magnetic properties of the sign give it remarkable flexibility. The SAL have volunteered to erect our new sign as soon as weather permits.

Executive Committee Recommendation:

- To donate \$150 to Auxiliary for the Sweats4Vets new signage.
- To donate \$250 to the Disabled Veterans Fish Outing.

New Business:.

At the County bowling tournament our Post took 2nd and donated the winnings back to Camp American Legion.

Flag Day celebration is scheduled for June 9th in Wabaca.

Steve Shock read the names of the known candidates for Post elections in May. Any interested opposition should make themselves know when elections are conducted at our next meeting.



The winners of the **Children and Youth** Color and Essay Contest who were present to read their entrees and to receive their awards.

Right to left were;

Category #2

2nd Place Anna Hansen from St. Joes 1st place Amelia Young from St. Joes

Category #3

2nd place Carson Faust from St. Pauls 1st Place Katie Moldenhauer from JLMS.

Included in this newsletter is the Rose Harms Post Calendar Raffle for 2019—2020.

Simply cutoff the coupon on the bottom and with \$10, mail or drop it off at the Post.

Winners are always put back into the barrel for a new drawing every month.

So, you can win over and over!

Winners of Our Post's Calendar Raffle:

\$50 - Jeff Wegner

\$30 - Judy Wendlandt

\$25 - John Peterson

\$20 - Nikki Jozwowski

\$15 - Barbara Wollner

\$10 - Deanna Lederer

Commanders Corner

GOOD OF THE LEGION

VOLUNTEERS NEEDED----Celebrate Grafton needs volunteers to assist with set up and clean up of their new event on June 29. Music will be in the Plaza downtown with Fireworks at the Lime Kiln Park. Parade is planned and route to be determined. If interested in being a volunteer contact Chamber of Commerce.

Plans for the install of our new Post Sign are underway. Advertisement add-ons have been designed and a install date is being finalized by our SAL members. Thank you to our Ladies Auxiliary for their contribution towards the purchase price and to our SAL for all the work related to the install.

Celebration of Freedom to be held at the Columbia County Fairgrounds, Portage WI. September 4th--8th. It will feature the Vietnam Traveling Tribute Wall, Entertainment, Vendor Fair, Food, and more.

Badger Boys State Orientation to be held on May 15 at 7pm at the Americanism Center in Waubeka. Attendees from Grafton are Jacob Guerra, Josh Brown, Victor Geiser, and Connor Guysky.

American Legion State Golf Scramble will be held on Sept. 14. at Marshfield Country Club. Contact Mike Feirer <u>kfeirer@frontier.com</u>

Waubeka, WI. join fellow Legionnaires on Sunday, June 9, for the 2019 Flag Day Celebration held at the Americanism Center. Program begins at 11:30am with a parade at 1:30pm. Mark Lorenz - Lorenz7037@yahoo.com

Thank you to Todd Luft, a volunteer and Associated Bank employee, for the \$250 donation which he presented to our Post at our May meeting. It is much appreciated.

On every third Monday of the month, a fellow veteran invites those who have served, to join him for a free cup of coffee at Smith Bros Coffee Shop in Port Washington.

Every Thursday at 10am to 11am join fellow veterans for an informal get together at Jim's Grille, Echo Plaza in Cedarburg. Say Hello and grab a chair.

Hidden Dangers of a Sedentary Lifestyle.

Americans spend too much time on their backsides, and it's hurting their health. People are settling for more sedentary activities at the expense of exercise. Too much sitting down can lead to a range of health problems.

Three lesser known problems are varicose veins, pulmonary embolism, and memory loss. As an example, a recent study showed that people who spent more time sitting had thinner medial temporal lobes, the part of the brain associated with memory loss or even dementia.

Ways to be more active----engage in walking as a routine and take a friend with you if it helps, ditch the elevator, be active while watching TV, use of treadmill or stationary bike.

CORRESPONDENCE

Thank you for your generous contribution towards our senior project (Buddy Baskets).

We appreciate and thank you for your service and continued involvement in bettering the lives of veterans and our community.

Grafton High School----Mrs.Landi, Olivia Konzen, Ashlynn Micoliczyk, Taylor Fritz, Aleezah Manzoor, Kelly Rieck.

Condolences to the family of Bob Weyker, Ozaukee County Sergeant at Arms who passed away on April 10th. Burial was April 26 at St. Rose Cemetery with military honors.

Newsletter Distribution. If I don't have your email address, send it to me: kkasprzak1@icloud.com

Thank you to Stars and Stripes Honor Flight for my invitation to join the May 11 trip to Veteran Memorials Washington D.C.



Poppy season is coming May 10th & 11th.

If you can help contact Cathy at 377-0718

Or cbrunquell@wi.rr.com





On April 14, the family of Dan Nielsen "Red" held a Memorial Bowling Tournament at the Circle B Recreation Center.

Dave Golab organized this event to honor the memory of his brother-in-law. Dan Nielsen passed away on June 15, 2013.

Dan worked at Circle B for many years and became a manager. He enjoyed being with people very much.

Pictured are Dave Golab, his daughter Julie, and Ken Kasprzak. Thank you to the Nielsen family for a \$650 donation to our Post. We shall apply it to the cost of our new outdoor sign.

Monday, May 27th



Gather at the Post by 9:45 am
Parade with kick off at 10:00 am
Ceremonies at Veterans Park at 10:30 am
Open house at the Post at 11:00 am

UNIT 355 MEETING was held April 16, 2019



VA&R Mel Nowak reported on the Year End Report to Department. She applauded our Unit for all the hard work we do. She did stress that we do so much more but don't record all of the time spent or monies donated. She handed out a Service to Veterans Tally Sheet for Volunteers to each member present at the meeting to make it easier for us to remember to record our information. Please remember to do this. If you were not at the meeting and need a Tally sheet please ask her.

4th Annual Wine Tasting is May 11th – 6pm – 9pm this year a new addition of a Bourbon/Whiskey/ Cigar bar will be in the lower level. If you have time to volunteer please contact Diane Riedl, Ann Fields or Jean Rieck. The Committee is also looking for members wanting to donate baskets for the raffle. Tickets \$25.00 advance// \$30.00 door Event benefits Camp American Legion Cabin 22 rebuilding fund.

Poppy Sale – Please contact Cathy Brunnquell if you can help sell Poppies 377-0718

Sweat 4 Vets - will be waking from Grafton Post to the Cedarburg Post. Registration can be found at www.sweat4vets.com Registration before May 1 \$20.00/ after \$25.00. Event benefits Patriots K9 of Wisconsin.

Trees from Home – Call Linda Brown for questions 262-268-8296, registration and donations

Elections will be held at the May meeting. If interested in running for an office please contact Linda Faas or Judy Kuta. The following have announced running for office;

Srgt Arms Mary Arvai
Historian Patty Wollner
Chaplain Linda Brown
Treasure Amy Luft
2nd Vice/Membership Lora Linder
1st Vice Mary Molaski
President Sue Turowski

Banquet - June 18th - will be held at the Bunkers Restaurant.

Social Hour at 5:00

Dinner at 6:00—more info to follow at next meeting

Carolyn Knoppa & Lora Linder for the great treats during our **Social Time** before our meeting!

UPCOMING EVENTS:

Spring County Meeting Grafton Post April 17th

2nd District spring Conference April 27th

Wine and Spirits Tasting May 11th

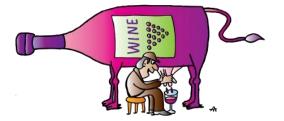
Poppy Distributing May 10th – 11th

Sweat4Vets post to post walk May 18th

June Banquet June 18th

Trees from Home August 3rd 9-1

Next Meeting: May 21st Social Hour at 6pm Meeting begins at 6:30.



Sons of the American Legion News – April 2019

SAL Membership: 2019 SAL membership now has a total of 85 members with only 68 who have paid their renewal dues so far. Please contact Paul Turowski @ 262-389-4645 if you have not renewed.

SAL Clothing: Contact Brian Hadler @ 262-894-7465 to order.

Activities:

SAL's American Flag Memorial Day display will be setup at Veteran's Park on May 23rd at 4pm. Anyone who can help please arrive at the park then.

SAL's 9th Annual Golf Outing is June 1st. Players and \$100-hole sponsors are needed. Volunteers are also needed to help man key positions. Contact Bob or Dick if you can help.

Camp American Legion's Cabin 22 Kayak Raffle tickets are still available at Heinz & Sons 57 Auto Body, Grafton Mobile and Grapes and Taste in Cedarburg. Tickets are \$10 each or 3 for \$20. The Raffle drawing is planned at the June Golf Outing.

Camp American Legion's work week for our post is May 13th. Contact Bob or Dick if you would like help and arrange transportation.

Volunteers are needed for Poppy distribution at our regularly manned stops. Please contact Cathy Brunnquell at cbrunquell@wi.rr.com if you can spare a couple hours.

Legion Post Meeting Dinner Volunteers to serve Legion Members at 7:45pm May – Chris W.

Upcoming Events:

Auxiliary Wine and Whiskey Tasting – May 11 Sweat4 Vets – May 18 Memorial Day Ceremony – May 27 Sons of the American Legion 10th Annual Golf Outing – June 1 Next SAL Meeting: 5/14 @ 6:30

A "Salute" to good neighbors in our Legion Family

Paul \$ Sue Turowski

Paul's given countless hours of snow removal at various homes in Grafton. Time and time again this is in frigid temps with many inches of snow.

Sue delivers donations to women veterans at the Boudicca House and Zablocki V.A. Hospital regardless of weather conditions.

All these "Extras" in addition to hours the donate at the Post and Unit activities

Hats Off to Steve Shock, Ron and Judy Kuta for always making time to do donation deliveries and driving Veterans to the VA Hospital to receive care.

Their efforts make our Veteran programs a success!

Mel Kowak—ALA









Saturday, June 1st

Noon Registration - Scramble Format 1:00 pm Shotgun Start Over 60 Play from the Red Tees 5:30 pm - Steak and Chicken Dinner

Golf and Dinner	\$ 90	X	= \$
Hole Sponsorship	\$100	x	= \$
Dinner Only	\$ 25	x	= \$
Total Amount Enclosed			\$

Please return registration by May 25th

Email	
	Email

Please send payment to: Sons of the American Legion

c/o Heinz and Sons 57 Auto Body

1327 Wisconsin Avenue

Grafton, WI 53024

For additional information contact: Richard or Robert Rieck at 262-377-4190

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