

The Rose Harms Legionnaire

December 2018



Up Coming Events

- | | |
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| December 3rd | Post Executive Committee meeting at 7:00 pm |
| December 10th | Our Post Oratorical Contest starts at 7:00 pm
and will followed by our general meeting |
| December 11th | BINGO
SAL meeting in the lower hall 6:30 pm |
| December 17th | Military Historians Club, door open at 5:00 pm |

December 25th

Merry Christmas



December 31st

Your Rose Harms Post membership expires !

Renew online at www.legion.org/renew

or mail to;

Rose Harms Post 355

1540 13th Ave.

Grafton, WI 53024



GOD ★ ★
★ ★ BLESS
America
LAND THAT I LOVE



HAPPY KWANZAA!
Merry Christmas
Happy Hanukkah
Happy Holidays

**Thank you Gary Gilstrap
and the Grafton High School
for another great
Veterans Day Ceremony**

**Thank you to Associated Banc-Corp
for the Display, Coffee and Donuts**

**Thank you John Long Middle School
for having us over for lunch
with the students.**



We Salute You !



COMMANDER'S CORNER-Ken Kasprzak

ATTENTION ALL LEGION FAMILY MEMBERS:

In order to cut costs and help the Post Budget, newsletters are now being distributed via email whenever possible. If I don't have your email address, please send to me: kkasprzak1@icloud.com

GOOD OF THE LEGION.

Midwinter Conference, January 17-20. Ho-Chunk Convention Center, Baraboo. Several Legion Training Sessions scheduled for Saturday, including new classes in Digital Media and Team Building

Support our Post by purchasing raffle tickets for the 35th Annual Las Vegas Night, Saturday, February 16. Look for info in our December Newsletter. Come join us for a fun night with family and friends. Many Vegas Night games to enjoy---Blackjack, Craps, Hold'em, and Roulette. It's a major fundraiser, so please support Rose-Harms Post 355.

Post Oratorical Scholarship Contest for Grafton High School students will be held during our December meeting. Come out and support these gifted students.

Post Sign application submitted to Village of Grafton and was finally approved on October 17. Post is in District that requires a monument type sign. Therefore, Tom Berk, CKC Graphics & Signs did a slight design modification in order to meet Grafton Village requirements. Construction and install will be completed this coming spring.

LIVING WELL---REDUCE RISK OF PNEUMONIA

Stay healthy during wintertime. Follow these tips for staying physically, mentally, and emotionally healthy.

A. Raise your Vitamin D levels naturally. Losing 5% of your body weight will cause your Vitamin D blood levels to shoot up. Also, exercise, lowering cholesterol, and eating fatty fish.

B. Get flu shot. When 36,000 people in the U.S. die from flu complications, and 200,000 are hospitalized it's why doctors and health care professionals tell us that being vaccinated is the good choice health option.

C. Take a class. Cold and darkness of winter can take a toll on a person's mental health. A class can be something for the mind, like book clubs or education classes; How about the body, like yoga or Pilates,

also joining a health club is an excellent option.

D. Eat more plants. Flaxseeds, chia seeds and walnuts are especially good sources for the important omega-3 fatty acids. Omega-3's can be a health benefit to the heart, eyes, mind, skin, and act as an anti-inflammatory.

CORRESPONDENCE

Thank you to our Legion Family for attendance at Post Christmas Tree decorating held on November 14, Grafton Plaza. Members present---Sue and Paul Turowski, Judy Kuta, Brian and Janice Bould, Maria Keegan.



Thank you to Judy Wendtlandt and Family (Lea, Mark, Nicole, and Karl) for a donation of \$750 in Roger's memory. Our Honor Guard was present at Roger's Funeral on September 6.

A large portion of his memorial donation will be used to help purchase a much-needed replacement of our Post Event Sign. The new Sign will be located in front of the Post.

Thank you letter from Jill Marton, Chairperson, Daniel Boone Conservation League. On September 22, our League hosted an event to support Camp Hometown Heroes, Heroes' Hunt for Veterans, and Fischer House Wisconsin. With help from Legionnaires, over \$15,000 was raised to help veterans and their families.

Print Date---November 23, 2018kk

Highlights from our last Post meeting

Chaplain Les Williams reported the following names were added to the Post Memorial :

Kenneth Martin	Harry Sanders
James Boehnlein	Eugene Thelen
Paul Hollrith	Thomas Waddell
Eugene Trombley	Gary Germundsen
Donald Franzen	James Becker
James Hall	Roger Wendtlandt
Herb Mentzel	Thomas Kuenstler

Harold Walsh Jack Corrao, who recently passed away, will be added to the memorial next year.

Help is needed in securing names of shut-ins for Christmas baskets and visitations.

Sergeant-at-Arms: Mike Knoppa reported that the Post Honor Guard performed at 4 funerals for the month (2 Veterans and 2 who were Post members).

Blood Drive, a reminder the 30th annual Post Blood Drive is Wednesday, November 28th, from 2:00 pm until 5:30. Admirals tickets will be given to donors.

Service Officer Ken Klein said the Blue Water Bill which would expand benefits is going to the U.S. Senate for consideration.

Bingo: Jim Arentz reminded members that help is always needed and much appreciated.

Oratorical: Lee Wiskirchen reported that 2 GHS students have committed, with 3 more remaining on the fence, for participation in our Post's contest before our meeting at 7:00 pm on December 10th.

Public Safety: Sandra Krzewinski reported that the forms for nominees for the Post's public safety award's have been distributed. They should be returned by January 15th, to begin the process of selecting the winners.

Unfinished Business:

- The Post sign has undergone some changes so that the village could approve its construction by next May.

- Brent Kozak indicated there will be 2 boats available for vets who would find it difficult to traverse the Christmas parade route on foot and ditto for Mel's Charities float which could accommodate 3 more vets.

Executive Committee Recommendations passed

- To donate the budgeted \$500 to the Grafton Christmas Parade.
- To donate \$500 to the Wisconsin American Legion Centennial memorial and event.

New Business: Justin Ernst (army) and Rick Wollersheim (army) were welcomed aboard.

Christmas tree decorating and lighting event is scheduled for Wednesday, November 21st at 5:30 pm with chili as a warmer following...

Good of the Legion: Doug Arendt donated a bottle of Courvoisier to be sampled following the meeting.

Marty Wegner still has Post shirts left.

Correspondence:

- The Post received a booklet containing a moving collection of poems and personal messages addressed to veterans to commemorate Veterans Day from 5th through 8th grade students at Wayzata Redeemer Lutheran Church and School. The teacher, David Gesch, is a relative of Neil Mertz.
- The Post also received a thank you letter and a check for \$750 from the Family of Roger Wendtlandt for the Post's participation in honoring the life of Roger.

Calendar Raffle:

\$50 – Leroy Mueller
\$30 – Ronald Block
\$25 – Thomas Seiser
\$20 – Steve Shock
\$15 – John Peterson
\$10 – Pat Duester



Veterans' Caregivers get \$860 Million

Signed into law on June 6, the VA MISSION Act gives benefits to the caregivers of veterans from all eras. The VFW-supported law will save money in the long run and encourage more people to serve as independent caregivers.

BY DAVE SPIVA

VFW pushed hard for passage of the VA MISSION Act of 2018. It expands the VA caregiver assistance program to all caregivers of veterans, a provision VFW believes is long overdue.

VFW National Veterans Service Assistant Director of Veterans Health Policy James Moss said including caregivers of veterans who served before the Afghanistan War is an “honorable way” to recognize the sacrifices of caregivers. Moss said some of those caregivers already have been providing that care “for decades.”

“Caregiver benefits, like other facets of VA health care, are not entitlements requiring mandatory spending by Congress but rather a discretionary program whose availability is governed year to year by levels of funding,” Moss said. “Expansion over the next few years will be an annual budget discussion like other parts of VA health care.”

Based on the bill, signed by President

Trump on June 6, the expanded caregiver program will cost \$860 million in fiscal year 2019 — a \$365 million increase from the Trump Administration’s request at the beginning of the year.

The VA MISSION Act (Public Law 115-182) expands caregiver benefits, which include a monthly stipend, health insurance, respite care and access to the VA Caregiver Support Program, to caregivers of veterans who served before Sept. 11, 2001. Before the law’s enactment, the VA program was only available to post-9/11 veteran caregivers.

VA’s caregiver program has two options — one that offers a monthly stipend and one that doesn’t.

Through the comprehensive caregiver option, caregivers can be eligible for:

- Caregiver education and training.
- A monthly stipend.
- Financial assistance, including lodging and travel pay, when traveling with the veteran to receive care.

- Health care benefits through VA.
- Mental health services and counseling for the caregiver.
- Up to 30 days per year of respite care, which gives caregivers a break.

To see if you are eligible for the program, see the info box below.

Earlier this year, then-VA Secretary David Shulkin said that about 26,000 caregivers already were enrolled in the program. He estimated that the expansion will increase to more than 180,000 caregivers — about seven times the current amount. Moss said these estimates are consistent with VA’s effort of “phasing in” newly eligible caregivers.

“VA understands that as the cost of health care and the need for support services increase, there will be a demand for more caregivers to help assist loved ones with their activities of daily living,” Moss said.

“Expanding caregiver benefits to other generations will not only engage more caregivers and improve quality of care, but positively impact veterans services in the integrated care settings, as well as identify resources and best practices.”

Going forward, VFW’s advocacy will continue as a way to ensure the benefits of veteran’s caregivers are “adequately supported,” Moss said.

ARE YOU ELIGIBLE?

For more information, visit https://www.va.gov/healthbenefits/resources/caregiver_eligibility_check.asp

NEED HELP FROM A VFW VETERANS SERVICE OFFICER?

To find a VSO near you, visit <https://www.vfw.org/assistance/va-claims-separation-benefits>.

Potential caregivers can learn more about the Caregiver Support Program by visiting <https://www.caregiver.va.gov/>. Moss also suggests reviewing the “publications and resources” tab for information about eligibility and application details. The Caregiver Support Line — 1-855-260-3274 — also is available for those with questions. ★

EMAIL dspiva@vfw.org

Veterans,

I spoke with the County Administrator Jason Dzwinel concerning having veteran's input on the restoration/repair of the War memorial at the Justice Center.

He suggested since the project is a public works project that we should appear before the Public Works Committee to request inclusion in the project.

They meet the 3rd Thursday of the month at 8am at the Ozaukee County Highway Department located at 410 S. Spring St., in Port Washington.

The next meeting is on December 20th at 8am or the January meeting is on January 20th at 8am.

Please provide your preference and I will request us to be put on the agenda.

Thank you,

Jim Johnson

Commander

Ozaukee County Council of the American Legion



December Sons of the American Legion News

Beer & Wine Tasting Fundraiser: Our 9th Annual Beer and Wine Tasting fundraiser sold 103 tickets and was a success. Thank You to everyone who participated and especially to our volunteers who served the participants and planned this event so it could happen. Plus, a big Thank You to Fire Ridge for providing use of their facilities.

Trees from Home: Our SAL squadron received a thank you letter from Trees from Home for our \$500 donation. Trees from Home is a 501(c)3 charitable organization which uses volunteers and donations to pay for tiny trees, decorating supplies, shipping and other expenses needed to send Christmas trees to service personnel away from home for the holiday. Every \$25 donation provides a member of our military a fully decorated 12-inch artificial Christmas tree and handmade tree skirt. Currently, they expect to ship about 2,500 trees. Anyone can donate online @ treesfromhome.com

Camp American Legion Cabin 22 Fundraiser: The squad approved a motion to target \$10,000 from our fundraising events and Kayak raffle towards helping to build a new Cabin 22 and expect to remain the host of the cabin. Our American Legion Riders District 2 also donated \$5,000 as our co-host.

Tickets for the Kayak raffle can be purchased at Heinz & Sons 57 Auto Body, Grafton Mobile and Grapes and Taste in Cedarburg. Tickets are \$10 each or 3 for \$20.

During the October clean-up at Camp, effort was taken to salvage various materials and components from cabin 22 before it was demolished so they could be reused on the new cabin to save time and money. Team Rubicon completed the demolition.

SAL Wall Hanging: The wall area, in the Post main hall, designated for SAL memorabilia and to recognize the Sons of the American Legion and our squad's contributions is underway.

Sign Upgrade: SAL members will be responsible for constructing the brickwork which the sign will be installed on in front of the Post. This is expected to happen in late spring with hopes to be completed by June 1, 2019.

SAL Membership:

2019 SAL membership renewal is now due. Please complete before December 15th. Contact Paul Turowski @ 262-389-4645 to renew or go to mylegion.org to renew online.

SAL Clothing: Contact Brian Hadler @ 262-894-7465 for inventory and ordering info.

Legion Post Meeting Dinner Volunteers:

Volunteers to serve at 7:45pm

Dec – Christmas Party

Jan - Dick

Feb – Jimmy and Corey

Next Meeting:

12/11 @ 6:30pm





UNIT MEETING was held November 20, 2018

First before beginning the meeting President Cathy Brunnquell & Chaplain Sue Turowski draped the Charter for Mickey Clemins and Betty Thelan. Both passed away the beginning of November. They were long time members of our Auxiliary. Condolences were given to Mary Molaski for the passing of her husband Bob.

Cathy Brunnquell & Amy Luft put together 22 gift bags for 22 active Army Soldiers in Kuwait.

They sent a wish list of items they would like and could use. Cookies, candy bars, snacks, pens, dental floss, puzzle book, playing cards, our Rose-Harms American Legion Auxiliary book mark, gum, and a pocket flag. They were shipped out the second week of November to make it in time for Christmas.

Pam Klenner reported for Toni Moegenburg our bid for the American Legion Auxiliary State Bowling Tournament in 2020 was accepted. It will take place at Circle B in March 2020.

Over 400 Thank you cards were made from grammar schools in Grafton. Participating were St. Paul, St. Joe, Kennedy and Woodview schools. They were given to the Veterans that attended the Veterans Day Dinner Dance and Veterans Day Lunch on Sunday afternoon. The Grafton High School Photography class made pictures from the Grafton area thanking the veterans also. They were displayed on the center of the dinner tables.

There was discussion regarding the Auxiliary Apparel. Amy Luft brought a few examples and most decided they liked the red shirts, long sleeve or polo. Amy will get prices for another discussion at our January meeting. It was also stated that the White shirts will always be worn for our color guards with the Auxiliary.

We had a presents in the Grafton Christmas Parade again this year. Members had pictures of their Veterans made into posters. 2 Banners were made that stated "This is why we Belong" on each side of the wagon. Members sat on the wagon with posters and handed out candy to the kids.

UPCOMING EVENTS:

November 29, 2018 help with the Legion Blood Drive. Baked cookies and Bars.
Thank you to all member for helping.

December 1st, 8 am to 3 pm & December 2nd 9 am to 1 pm Christmas
at the Legion, Saukville American Legion Auxiliary.
Christmas cookies, bakery, and home made crafts.
Soup & Sandwich Lunch and silent auction.

December 19, 2018 Auxiliary Christmas Party

There is no meeting in December. In place of our meeting the Christmas Party is Wednesday, December 19th at the Post.

Sue Turowski is the party Chairman.

Details are in this Newsletter.



Hayride at Grafton's Christmas Parade



Rose-Harms American Legion Auxiliary, Unit #355 Fund Raiser

Marcus Movie Tickets, Gift Cards, and Gift Certificates Order Form

Name _____ Today's Date _____

Address _____ Phone Number _____

Silver Fun Tickets* _____ x \$6.50 = Total \$ _____ *Not valid after 6 pm on Saturdays or for Movies that are "Pass List Suspended". No expiration date.*

Platinum Fun Tickets* _____ x \$8.50 = Total \$ _____ *No restrictions, no expiration date.*

**1 FREE \$3 Marcus Snack Cash Voucher with every 2 Silver or Platinum Fun Tickets Purchased*

Gift Card Denominations \$10 _____ \$25 _____ = Total \$ _____

Gift Certificate Denominations \$5 _____ \$10 _____ = Total \$ _____

Gift Cards and Gift Certificates are same as cash. No restrictions, No expiration date AND are good at all Marcus properties Nationwide.

My e-mail address for future ticket sale notices _____

Check should be made payable to the **American Legion Auxiliary #355**. Mail order blank *with* check to:
Laurie Schwalbe, 1127 11th Avenue, Grafton, WI 53024. Call 414-659-6951 with questions.



*Your ugliest Christmas sweater will be just right
for this very special Auxiliary night.*

*We'll meet at the Legion Post on
Wednesday, December 19th at 5:30 pm
That's just the start of when the fun will begin!
Dinner will start by 6:00 pm*

*We are having pot luck, so please bring a Friend!
Bring your favorite dish to pass too, along with the recipe.
(this is a clue)
The meat will be provided, so please check with Sue to let her
know what you intend to bring.*

*Our gift exchange is the same this - a new \$20 beautifully
wrapped gift to share.*

*RSVP by December 10th
To Sue at 262-389-4644 or sueturowski@hotmail.com
Or
Linda at 262-268-8296 or tbrown903@ww.rr.com*